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INDIANA

**POWER** 

MIGHEAN



Wednesday, April 17th, 2013 » 7:30 a.m.-4:00 p.m. » Horizon Convention Center, 401 S. High St, Muncie, IN



401 South High St, Muncie, IN



"Who Hijacked My Fairy Tale?"

7:30 a.m. to 4:00 p.m. **Horizon Convention Center** 

WEDNESDAY, APRIL 17, 2013

A FULL DAY EDUCATIONAL SYMPOSIUM FEATURING KEYNOTE SPEAKER KELLY SWANSON



# EMPOWER—ENGAGE

Register untine! The easy!

**CREDIT CARDS ACCEPTED MAKE CHECKS PAYABLE TO WIBU** 

VISA MASTERCARD DISCOVER

**UAME ON CARD** 

**CARD NUMBER** 

ADDRESS FOR CARDHOLDER

CITY, STATE, ZIP

SECURITY CODE ON BACK PANEL

**EXPIRATION DATE** 

CARD HOLDER SIGNATURE

TOT gaitseval

□Job Search Tools □ Define Your Legacy

□Easy Steps Eat Right

(SELECT ONE FROM EACH TIME SLOT)

WIBU, PO Box 556, Muncie, IN 47308

DEADLINE: April 12, 2013

or complete and mail registration below to

REGISTER ONLINE AT WIBUMUNCIE.ORG

Big Girl Voice

□Personality Plus

QUESTIONS? CONTACT KAT KNOX AT MK.KATKNOX@GMAIL.COM OR 765-759-9892 □20/20 Perspective

□20/20 Perspective

**□Be Money Smart** 

LUNCH ONLY 

SPECIAL DIETARY NEEDS

Registration at 11:00 a.m. » Program at 11:30 a.m.

KEANOTE LUNCHEON ONLY: \$35 Registration

includes three breakout sessions of your choice,

a continental breakfast, lunch, and dessert.

REGISTRATION INFORMATION

**SYMPOSIUM:** \$75 Registration

**BKEAKOUT SESSIONS** 

Հ:15 p.m.

10:30 a.m.

9:30 a.m.

JIAME

**PHONE** 

**ADDRESS** 

**3MAN** 

CITY, STATE, ZIP

COMPANY NAME

# NEW THIS YEAR: Passport to Wellness











Bringing you free health screenings and a chance to talk to the experts

### BREAKOUT SESSIONS AT 9:30, 10:30 AND 2:15 INCLUDE:

#### "Investing 101"

Juli Erhart-Graves, Worley Erhart-Graves Financial Advisors, Inc.

Empower yourself by learning the fundamentals of investing in this workshop. We'll cover investment basics, types of investment accounts and how to build a portfolio. You'll even pick up some of the investment lingo!

#### "Personality Plus + Bring the Animal Out in You"

Jennifer Sandman Pugh, Regional Director of Career Services at Harrison College

Knowing your personality type can make your home, work environment, meetings and projects run much more smoothly! Come find out what animal your personality represents, and be ready to laugh, or maybe even ROAR!

#### "Be Money Smart: Money Matters"

Tameka Mendez, MS, Health & Human Sciences, Purdue University Cooperative Extension

Assess your financial situation, identify ways to increase income, and decrease and prioritize expenses. The program will also help you identify steps to successfully implement a financial recovery plan and how to guard against credit repair scams.

#### "20/20 Proper Perspective"

(Offered AM and PM Session) Joy Ware Miller, Christian author, Radio & TV host, President of iJoy Inspirations

Difficulties have a unique way of bringing discouragement into our lives and even sometimes causing us to want to quit. However, how do we keep going when faced with opposition? Joy brings fresh insight into how women can gain or re-gain proper perspective in their daily lives.

#### "Easy Steps for Eating Right: Introduction to MyPlate"

Velvet Miller, Family Nutrition Program, Purdue University Cooperative Extension

Learn more about the five food groups, recommended serving sizes and number of daily servings. There will be a food demonstration with audience participation. By the end of this program, you'll be ready to take some easy steps to improve your health.

## "Defining and Creating Your Legacy"

Julie Marks, Leadership Coach

Learn about the common traits of successful individuals and gain insight on how you can maximize these traits within yourself to create personal and professional fulfillment. You'll learn a simple and unique formula that will transform your approach to both your career and life.

#### "Job Search Strategies & Tools for Beginners and Women in Transition"

Sheila Spisak, Muncie Power Products & Tara Whitehead, Mid-West Metals

Learn the right job-search tools to attain your career goals. This session will cover job search basics including résumé writing, interview preparation, and professional image for those who are just starting their career or are in a career transition.

#### "You've Got Your Big Girl Pants; Now Find Your Big Girl Voice!"

Jenny Spencer, Ignite Learning with Conscious Discipline LLC

Gain insight on how to better respond to power struggles, defiance, verbal attacks, and physical aggression. Create long-term, lasting success by understanding how to become conscious, present, attuned and responsive to the needs of ourselves and our children.

# Who Hijacked Finding the balance between what MY FAIRYTALE?



# KELLY SWANSON, KEYNOTE LUNCHEON SPEAKER HOSTED BY JIM RIGGLE, INDIANA MICHIGAN POWER

Gentlemen are invited to attend the Keynote Luncheon and the Passport to Wellness!

Kelly Swanson is an award-winning storyteller, comedian, motivational speaker and author of "Who Hijacked My Fairy Tale? Hanging on to humor when life doesn't go the way you planned." Her original one-woman show combines humor, inspiration and motivation. Kelly teaches you how to see beyond your obstacles in her see, believe, do approach for getting from where you are stuck, to where you want to be. Whether your issue is low self-esteem, low sales, starting a new endeavor, running a business, dealing with toxic people, or an unbalanced life, Kelly will give you a formula and a fresh perspective to help you find your way out of the pot hole in the yellow brick road of life — laughing the whole way.

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